

"We often think that admitting struggle is a sign of weakness, but we all struggle sometimes. We all get overwhelmed sometimes. We need help sometimes. Acknowledging this is not a sign of weakness, but struggling alone is a choice to grow weak." – Lori Deschene



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Strengthening Families <http://www.cssp.org/reform/strengtheningfamilies>

Please complete this Section



Date: _____ Name: _____
Referral Requested: Immediately? _____ Email? _____
Email: _____

Mission: ELCAC has resources to share with you and your family that are designed to build protective and promotive factors to reduce risk and create optimal outcomes for all children, youth, and families.

Please mark the topics that are of interest to you and your family and a Parent Support Specialist will provide you with the information you requested as well as other resources and referrals in your community.

Requesting additional information listed below is **OPTIONAL** and **CONFIDENTIAL**

Protective & Promotive Factors	CCR&R EFS	Resources
Parenting / Child Development <ul style="list-style-type: none"> Understand what to expect at different stages of child development. Effective parenting skills and ways of finding help with specific developmental and behavioral problems 	Parent Education	<input type="checkbox"/> Adult Ed./ESOL <input type="checkbox"/> College/Training <input type="checkbox"/> Parenting Classes <input type="checkbox"/> Breast Feeding <input type="checkbox"/> Safe Sleep Practices <input type="checkbox"/> Basic Nutrition <input type="checkbox"/> Weight Control for Family <input type="checkbox"/> Safety in the Home <input type="checkbox"/> Prenatal Care
Social Connections <ul style="list-style-type: none"> Network of people, agencies and organizations that provide emotional support and concrete assistance. 	Financial Assistance	<input type="checkbox"/> Child Support/Enforcement <input type="checkbox"/> Health Insurance <input type="checkbox"/> Social Security <input type="checkbox"/> TANF <input type="checkbox"/> AFDC <input type="checkbox"/> Tax Information
Social and Emotional Competence <ul style="list-style-type: none"> Help children interact positively with others. Help children communicate their emotions and feel good about themselves. 	Special Needs / Inclusion	<input type="checkbox"/> Behavior Challenges <input type="checkbox"/> Hearing / Vision Challenges <input type="checkbox"/> Speech / Language Challenges <input type="checkbox"/> Physical Disability / Delay <input type="checkbox"/> Special Health Care Needs <input type="checkbox"/> Autism Spectrum Disorders <input type="checkbox"/> Asthma <input type="checkbox"/> Allergies <input type="checkbox"/> ADHD/ADD <input type="checkbox"/> Others
Concrete Support <ul style="list-style-type: none"> Skills and tools to access formal and informal services and support from social network in times of family crisis. 	Emergency Family Services	<input type="checkbox"/> Food Stamps <input type="checkbox"/> WIC <input type="checkbox"/> Housing/Section 8 <input type="checkbox"/> Food/Clothing <input type="checkbox"/> Utilities/Budget <input type="checkbox"/> Transportation
Parental / Youth Resilience <ul style="list-style-type: none"> Maintain positive attitude. Cope with, creatively solve, and recover and grow from challenges in one's personal life and parenting experience. 	Parent/Child Information	<input type="checkbox"/> Lifestyles & Family <input type="checkbox"/> Effects of Media <input type="checkbox"/> Preparing Child(ren) for school <input type="checkbox"/> Back Up Childcare Options <input type="checkbox"/> Substance Abuse <input type="checkbox"/> Mental Health <input type="checkbox"/> Marriage Counseling <input type="checkbox"/> Stress <input type="checkbox"/> Time Management
	Other Referrals	<input type="checkbox"/> STD Information
		<input type="checkbox"/> VPK <input type="checkbox"/> Head Start <input type="checkbox"/> School Readiness Only

FOR ELCAC USE ONLY	Information Entered:	
Parent Support Specialist _____	Date _____	Initials _____